

## GOVERNMENT OF CANADA Supports

Apply online at [www.canada.ca/coronavirus](http://www.canada.ca/coronavirus)

### Canada Emergency Response Benefit (CERB)

Taxable benefit of \$2,000/month for eligible workers who have lost their income due to COVID-19 **1-833-966-2099**

### Canada Emergency Student Benefit (CESB)

May to August - \$1250/month - individual or \$2000/month - with disability or dependents **1-833-966-2099**

### Support for Seniors

1-time, automatic \$300 payment to those who qualify for Old Age Security and an extra \$200 for those on Guaranteed Income Supplement

### Canada Emergency Business Account (CEBA)

Interest-free loans up to \$40,000 for small businesses and not-for-profits under which a portion of the debt incurred can be forgiven. Apply through your bank <https://ceba-cuec.ca/>

### Canada Emergency Wage Subsidy (CEWS)

75% subsidy to eligible employers or up to \$847/employee/week retroactive March 15 to August 29, 2020 **1-833-966-2099**

### Canada Emergency Commercial Rent Assistance (CECRA)

Lower rent by 75% for April, May and June by providing forgivable loans for commercial property owners  
Application portal opens May 25th at [CMHC.ca](http://CMHC.ca)

### CanNor's Northern Business Relief Fund

Non-repayable grant from \$2,500 to \$100,000  
**444-0659** or Email [cannor.ecdevnwt-devecnwt.cannor@canada.ca](mailto:cannor.ecdevnwt-devecnwt.cannor@canada.ca)

### Jordan's Principle Funding & Inuit Child First Initiative

[www.canada.ca/en/indigenous-services-canada.html](http://www.canada.ca/en/indigenous-services-canada.html)  
Access for First Nations and Inuit children to services and supports  
**1-855-572-4453**

## OTHER Supports

NWT Helpline..... **1-800-661-0844**

Hope for Wellness Help Line  
(First Nation and Inuit) ..... **1-855 242-3310**

GNWT Employees..... **1-844-880-9142**

Kids Helpline ..... **1-800-668-6868 text 686868**

Live chat ..... <https://kidshelpphone.ca/live-chat/>

NWT Seniors Help Line ..... **1-800-661-0878**

YK Women's Society  
emergency women's shelter  
and family support programs ..... **873-2566**

## GNWT Supports

[www.gov.nt.ca/covid-19/](http://www.gov.nt.ca/covid-19/)

### NWT Wage Top-up Program

<https://www.fin.gov.nt.ca/en/services/nwt-wage-top-program>  
All wage earners over the age of 15, making less than \$18 an hour, are eligible backdated to April 1, with the money flowing through employers to their employees

### SEED Program

<https://www.iti.gov.nt.ca/en/services/support-entrepreneurs-and-economic-development-seed>  
Funding ranging between \$30,000 and \$75,000  
**Call 767-9212**

### BDIC Working Capital Loans

[www.bdic.ca/](http://www.bdic.ca/)  
Loans of up to \$25,000

### BDIC Loan Payments

April 1 - September 24 borrowers can apply to reduce or defer up to three months of loan payments without penalty or additional interest charge  
**Call 767-9075**

### Transitional Rent Supplement Program (TRSP)

Up to \$500/month for rent support  
**1-833-966-2281** or [NWTHC\\_TRSP@gov.nt.ca](mailto:NWTHC_TRSP@gov.nt.ca)

### Senior Home Heating Subsidy

**Call 768-8145**

### Homelessness Assistance Fund

**1-833-966-2281** or [NWTHC\\_COMMS@gov.nt.ca](mailto:NWTHC_COMMS@gov.nt.ca)

### Income Assistance

[www.ece.gov.nt.ca/en/services/income-security-programs/income-assistance](http://www.ece.gov.nt.ca/en/services/income-security-programs/income-assistance)  
**Call 767-9355**

### Childcare supports for essential workers

Lower childcare costs by 33% (provided directly to daycares) and \$1,000 per month wage top-up for childcare staff

## REACH OUT

**Caitlin Cleveland, MLA Kam Lake**  
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 @CaitlinClevelandMLA

 @CaitlinCleveland

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**Leslie Straker, Constituency Assistant**  
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Spring 2020

### COVID-19 UPDATES

Follow along for daily COVID-19 updates on my Facebook page @CaitlinClevelandMLA or my website [www.mla-kamlake.ca](http://www.mla-kamlake.ca)

### Session to Resume

May 26 - June 12 with additional safety precautions to ensure the health and safety of staff, members, and each of our communities. The priority of the sitting is to adopt the final 2020/21 budget, introduce and consider legislation necessary to respond to the COVID-19 crisis and hold the government to account for its response to date and other non-pandemic issues. We need to be accountable to constituents and session is an important step in holding government to account and expressing the concerns of northern residents and businesses.



OUR NORTH has changed a lot in the last couple months as a result of COVID-19. You have been asked to make many sacrifices and in speaking with many of you, I know it has not been easy.

The NWT was the first to close its borders, implement self-isolation plans, and aggressive testing, as well as restrict social gatherings. Your sacrifices and diligence have contained this virus. As a result, we can now start gradually and safely introducing the things we love to do most into our daily routines as outlined in the GNWT's "Emerging Wisely" plan. It outlines where we are today, how we got here, and a five-part approach for gradually moving the territory from the containment measures through four phases of eased measures.

It is not a return to business as usual, but a new normal. Some measures will stay in place until the pandemic is over, including: travel restrictions at the border, self-isolation for returning travelers; and robust testing.

I am extremely thankful to be part of this northern family. I have observed the incredible dedication of public servants and businesses. I am thankful to our essential services, our healthcare professionals, grocery store staff, waste collection and disposal staff, water delivery workers, to name a few!

I will continue to advocate for businesses and residents to ensure the concerns of Kam Lake are being heard and reflected in territorial decisions. As the restrictions are loosened, we must continue to practice social distancing and adhere to the orders of our Chief Public Health Officer.

Keep being diligent NWT - it's up to all of us!



I BELIEVE IN OUR NORTH.



# Emerging Wisely

## Essential steps to eased restrictions



Travel restrictions are keeping the virus out



Rules for workers coming into the territory are working



Community testing and contact tracing is robust



No non-travel-related cases for 28 days since last case recovered

### Phases of Recovery

Nothing is returning to 'normal' until there is an effective vaccine. Everyone will still need to follow rules as restrictions are eased.

#### PHASE 1: MID-TO-LATE MAY, 2020

#### PHASE 2: MID-TO-LATE JUNE, 2020

#### PHASE 3: TO BE DETERMINED

#### FINAL MEASURES LIFTED: TO BE DETERMINED

Conditions to enter this phase

All essential steps have been successfully implemented. No evidence of community spread within the territory through May 15, 2020. People are following the public health orders.

Limited or no community spread imported and contained cases only. Strong contact tracing. Ability for businesses and gathering places to enforce social distancing.

A robust, rapid-testing strategy is ready. A second surge of infections in Canada and the United States has come and gone.

A vaccine for COVID-19 has been approved and produced. A successful vaccination program has been implemented for at risk populations. An effective treatment is approved and most of our population can get it.

Visiting with friends and family

Your household can have up to 5 other people over, to a maximum of 10 people total. You should keep your friendship circle as small as possible and still keep physical distance as much as you can.

Now the same in all phases.

Now the same in all phases.

Larger personal gatherings

Personal outdoor get-togethers of 25 or less are allowed

Personal outdoor get-togethers of 50 or less are allowed.

Personal outdoor get-togethers have no participation limits.

Life goes back to normal.

Business openings

Some businesses and organizations allowed to open with capacity and other restrictions in place. For example: personal services, museums and art galleries, bottle depots, personal training at gyms and fitness centres.

Indoor sports and day programming are allowed. More business will be allowed to open with capacity and other restrictions in place. For example: movie theatres and theatres, dine-in restaurants (limited capacity), fitness classes.

Additional business will be allowed to open.

Mass gatherings and community gatherings

Specific types of mass gatherings will be allowed with capacity and other restrictions in place. For example: farmer's markets, parks day-use areas and kitchen shelters, recreational facilities, libraries, golf courses, beaches, boat launches, outdoor fields, and playgrounds.

Organized outdoor activities will be allowed. Campground limitations will ease. Government offices may open to the public. Community and youth centres may open. Pools open for instructor certification.

Outdoor gatherings have no participation limits. Pools open to the public. Gymnastics open. Choirs and band classes may begin running.

School

Schools, except colleges, adult learning, and trade schools, may open with capacity and other restrictions in place.

Same as phase one.

Colleges, adult classes and trade schools open.

Experts predict that there will be 2 to 3 more waves of COVID-19 infections across Canada.

NWT residents can expect to move back to earlier phases in order to help contain the spread.

#### Triggers for moving to previous phases:

- Widespread rule-breaking which leads to community spread
- Community spread and we don't know where it started from
- Cluster or group outbreaks where COVID-19 spreads very quickly

For detailed information visit [www.gov.nt.ca/COVID-19](http://www.gov.nt.ca/COVID-19)

Updated: May 12, 2020

# All Things COVID-19

[www.gov.nt.ca/covid-19/](http://www.gov.nt.ca/covid-19/)

## Call 8-1-1

Service NWT COVID Support Line  
Available 8am - 8pm daily (NWT only)  
[covid@gov.nt.ca](mailto:covid@gov.nt.ca)

1-833-378-8297 (24/7)

[protectnwt@gov.nt.ca](mailto:protectnwt@gov.nt.ca) for questions on public health orders, enforcement, travel restrictions, request for compassionate exceptions and self-isolation

If you have a fever, cough or sore throat or to schedule COVID-19 testing call **767-9120**, or book online at [www.nthssa.ca/appointments](http://www.nthssa.ca/appointments) or for virtual appointments at [www.nthssa.ca/virtual-care](http://www.nthssa.ca/virtual-care)

Emergencies or difficulty breathing call 9-1-1

To find out where you can purchase masks, email [masks@gov.nt.ca](mailto:masks@gov.nt.ca)

Steps needed to re-open your business safely visit <https://www.gov.nt.ca/covid-19/en/services/employers-employees>

### Can OPEN as of May 15

- Hair salons/personal services
- Day-use, beaches and boat launches
- Personal training at gyms
- Museums and art galleries
- Some outdoor non-contact sports
- Some community spaces
- Bottle depots
- Playgrounds

### CLOSED during Phase 1 but can open in Phase 2

- Indoor-sports and day programs
- Movie theatres
- Dine-in restaurants
- Fitness Classes
- Campgrounds
- Some government offices
- Pools for instructor certification

### did you know?

- Driver's licences, general identification cards, and motor vehicle certificates of registration have been extended to June 1, 2020 renew online [www.idmv.dot.gov.nt.ca/](http://www.idmv.dot.gov.nt.ca/)
- YK Dump open **Monday to Friday, 1pm - 4pm**
- YK Food Bank call **765-5003**
- Existing wood permits have been automatically extended to July 31, 2020. To apply call ENR at **445-3209** or [ENR\\_NorthSlave@gov.nt.ca](mailto:ENR_NorthSlave@gov.nt.ca)
- Fishing licences can be purchased online at <https://licences.enr.gov.nt.ca/Fishing-Licence>
- Health Care Card - NWT residents with recently expired health care cards will continue to receive physician and hospital services. **1-800-661-0830** or [healthcarecard@gov.nt.ca](mailto:healthcarecard@gov.nt.ca) or [www.hss.gov.nt.ca/en/services/renewing-your-health-care-card](http://www.hss.gov.nt.ca/en/services/renewing-your-health-care-card)